Trimester 3 Weight Room & Circuit Room Hours

Highlighted Times reflect when the rooms will be closed to TAC Members or shared with a PE class.

Monday -

Members - 5am - 8am

PE - 8am - 9am (Both Rooms)

Members & PE - 9am-10am (Both Rooms)

Members - 10am - 9pm

Tuesday -

Members - 5am - 8am

PE - 8am - 9am (Both Rooms)

Members - 9am-9pm

Wednesday -

Members - 5am - 8am

PE - 8am - 9am (Both Rooms)

Members & PE - 9am-11:15am (Both Rooms)

Members - 11:15am - 9pm

Thursday -

Members - 5am - 8am

PE - 8am - 9am (Both Rooms)

Members - 9am-9pm

Friday -

Members - 5am - 8am

PE - 8am - 9am (Both Rooms)

Members 9am - 9pm

Saturday - 7AM - 7 PM

Sunday - 12pm - 8PM

For Court Availability or Additional Information,
Please Call - 763-972-7605
Updated 2/22/24